



**Menu - Week 2**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of cereals (cheerios, rice krispies, cornflakes), porridge and Weetabix with wholemeal toast with milk or water				
<b>Snack</b>	Fresh fruit Platter	Crackers with cucumber sticks	Fresh fruit platter	Crackers with cucumber sticks	Fresh fruit platter
<b>Lunch Standard Meal</b>	Pork sausage or Veg sausage  .... with mash & peas	Chicken pasta bake or Vegetable pasta bake  .... with carrot sticks	Bean and vegetable curry  .... with rice & broccoli	Meatballs or Quorn meatballs  .... with spaghetti & tomato sauce	Fish pie or Vegetable pie  .... with roasted vegetables
<b>Alternative Lunch option</b>	Chef's soup speciality- Vegetable soup with warm bread				
<b>Dessert</b>	Strawberry mousse	Orange jelly	Melon with fromage frais	Apple tart with vanilla ice-cream	Fruit yogurt
<b>Snack</b>	Warm pitta bread with houmous	Fresh fruit platter	Warm pitta bread with houmous	Fresh fruit platter	Warm pitta bread with houmous
<b>Hot Tea</b>	Baked potato  .... With tuna, cheese & cucumber sticks	Cheese on toast  .... with baked beans	Sesame chicken or Quorn chicken  .... with sweet potato wedges & honey mustard dip	Cheese & mushroom tortilla toasties	Moroccan style chicken or quorn chickne  .... with couscous
<b>Dessert</b>	Sponge drops	Coconut rice pudding with mango sauce	Teeny weeny fruit muffins	Digestive biscuits with strawberries	Chocolate cupcake